



2018 CBBF NATIONAL CHAMPIONSHIPS

JUDGING AND FINALS ARE CONDUCTED AS PER CBBF RULES AND GUIDELINES. WITH EXPECTATIONS OF THIS BEING A LARGE EVENT PLEASE ENSURE TO ADHERE TO THE FOLLOWING RULES:

WE WILL START ON TIME AND ATHLETES ARE REMINDED TO BE BACKSTAGE AND LINED UP WHEN THEIR CLASS IS CALLED. CLASSES WILL NOT BE HELD FOR MISSING ATHLETE'S. IF A CLASS HAS LESS THAN 6 ATHLETES, THE CBBF AT THE DISCRETION OF THE HEAD JUDGE MAY COMBINE CLASSES.

PRE-JUDGE LINE-UP START TIME 8:00AM

BODYBUILDING:

Men's Junior Bodybuilding: (age 18-23) open class
Men's Masters Bodybuilding 40-49 Lightweight: (up to 165 lbs)
Men's Masters Bodybuilding 40-49 Middleweight: (over 165 to 187 lbs)
Men's Masters Bodybuilding 40-49 Heavyweights: (over 187 lbs)
Men's Masters Bodybuilding 50-54 open
Men's Masters Bodybuilding 55+ open
Men's Bantamweight Bodybuilding: (Up to 143lbs)
Men's Lightweight Bodybuilding: (over 143lbs and up to and incl 154lbs)
Men's Welterweight Bodybuilding: (over 154lbs and up to and incl 165lbs)
Men's Light-Middleweight Bodybuilding: (over 165lbs and up to and incl 176lbs)
Men's Middleweight Bodybuilding: (over 176lbs and up to and incl 187lbs)
Men's Light-Heavyweight Bodybuilding: (over 187lbs and up to and incl 198lbs)
Men's Heavyweight Bodybuilding: (over 198lbs and up to and incl 220lbs)
Men's Super Heavyweight Bodybuilding: (over 220lbs)

CLASSIC BODYBUILDING:

Men's Classic Bodybuilding A: (up to 5'7")
Men's Classic Bodybuilding B: (over 5'7" and up to and including 5'10")
Men's Classic Bodybuilding C: (over 5'10")

FITNESS:

Fitness A (up to and including 5'4") RD1 Routines
Fitness B (over 5'4") RD1 Routines

WOMEN'S PHYSIQUE:

Women's Masters Physique A (Age 35+, up to and incl 5'6")
Women's Masters Physique B (Age 35+, over 5'6")
Women's Physique A (up to and including 5'4")
Women's Physique B (over 5'4" and up to and including 5'6")
Women's Physique C (over 5'6")

Couples (Male Bodybuilder & Physique Female athlete)

MEN'S PHYSIQUE:

Men's Muscular Physique Open Class

Masters Men's Physique Class A: (Age 40+, Up to 5'7")

Masters Men's Physique Class B: (Age 40+, Over 5'7" up to 5'10")

Masters Men's Physique Class C: (Age 40+, Over 5'10")

Men's Physique A: (up to 5'7")

Men's Physique B: (over 5'7" and up to and including 5'8.5")

Men's Physique C: (over 5'8.5" and up to and including 5'10")

Men's Physique D: (over 5'10")

FITNESS:

Fitness A RD 2 Physique

Fitness B RD 2 Physique

WOMEN'S BODY FITNESS (FIGURE)

Masters Figure A (Age 35-44, up to and including 5'2")

Masters Figure B (Age 35-44, over 5'2" and up to and including 5'4")

Masters Figure C (Age 35-44, over 5'4" and up to and including 5'6")

Masters Figure D (Age 35-44, over 5'6")

Masters 45+ Figure A (Age 45+, up to and including 5'4")

Masters 45+ Figure B (Age 45+, over 5'4")

Figure A (up to and including 5'1")

Figure B (over 5'1" and up to and including 5'2.5")

Figure C (over 5'2.5" and up to and including 5'4")

Figure D (over 5'4" and up to and including 5'5.5")

Figure E (over 5'5.5" and up to and including 5'7")

Figure F (over 5'7")

WOMEN'S BIKINI FITNESS (BIKINI)

Bikini Wellness Open Class

Masters Bikini (Age 45+) open

Masters Bikini Class A (Age 35+, Up to & Incl 5'4")

Masters Bikini Class B (Age 35+, Over 5'4" & up to & Incl 5'6")

Masters Bikini Class C (Age 35+, Over 5'6")

Bikini Class A (Up to & Incl 5'1")

Bikini Class B (Over 5'1" & Up to and Incl 5'2-1/2")

Bikini Class C (Over 5'2-1/2" & Up to and Incl 5'4")

Bikini Class D (Over 5'4" & Up to and Incl 5'5-1/2")

Bikini Class E (Over 5'5-1/2" & Up to and Incl 5'7")

Bikini Class F (Over 5'7")

THE CBBF FOLLOWS IFBB INTERNATIONAL AMATUER RULES AT ALL OF OUR EVENTS – IFBB RULES STATE THERE IS TO BE A MINIMUM OF 6 ATHLETES PER CLASS. THE CBBF WILL OMBINE CLASSES SHOULD THE ATHLETE REGISTRATIONS NOT MEET MINIMUM REQUIREMENT.