

CLASSIC BODYBUILDING WEIGHTS FOR 2018 CBBF NATIONAL CHAMPIONSHIPS

For the 2018 National Championships the CBBF will be using the following calculations for each height / weight group.

Up to & incl. 168 cm

$$\text{Max Weight [kg]} = (\text{Height [cm]} - 100) (+ 4 \text{ [kg]})$$

Up to & incl. 171 cm

$$\text{Max Weight [kg]} = (\text{Height [cm]} - 100) (+ 6 \text{ [kg]})$$

Up to & incl. 175 cm

$$\text{Max Weight [kg]} = (\text{Height [cm]} - 100) (+ 8 \text{ [kg]})$$

Up to & incl. 180 cm

$$\text{Max Weight [kg]} = (\text{Height [cm]} - 100) (+ 11 \text{ [kg]})$$

Over 180 cm

a. Over 180 cm and up to & incl. 190 cm

$$\text{Max Weight [kg]} = (\text{Height [cm]} - 100) (+ 13 \text{ [kg]})$$

b. Over 190 cm and up to & incl. 198 cm

$$\text{Max Weight [kg]} = (\text{Height [cm]} - 100) (+ 15 \text{ [kg]})$$

c. Over 198 cm

$$\text{Max Weight [kg]} = (\text{Height [cm]} - 100) (+ 17 \text{ [kg]})$$