

CBBF BIKINI DIVISION

CBBF MEMBERSHIP

- Each competitor must be a member of the CBBF.

COMPETITOR RULES

- Competitors will compete in a two-piece suit. The bottom of the suit must be V-shaped. No thongs are permitted. Competitors can compete in an off the rack suit. All swimsuits must be in good taste. Athletes will be warned about improper suits and are advised to bring two (2) suits to check in. The fronts of the suits are too low and must be constructed higher. Athletes will be scored down if the suit is not up to standard
- Competitors must wear high heels, no restrictions.
- Competitors may wear jewelry.
- **National level** contests do not permit competitors to cross over into Bodybuilding, Fitness, Figure and Bikini at the same event. All other competitions are permitted to have crossovers at the discretion of the promoter with appropriate approval.

HEIGHT CLASSES – For the 2011 national level events, that are professional qualifiers:

- Up to and including 5'4"
- Over 5'4" and up to and including 5'6"
- Over 5'6"

Depending on athlete registration numbers the CBBF may add another class, then:

- Up to and including 5'2"
- Over 5'2" and up to and including 5'4"
- Over 5'4" and up to and including 5'6"
- Over 5'6"

A promoter can choose to have fewer height classes for non national level contests as follows:

For all contests with two (2) classes:

- Up to and including 5'4"
- Over 5'4"

For all contests with three (3) classes:

- Up to and including 5'4"
- Over 5'4" and up to and including 5'6"
- Over 5'6"

For all contests with four (4) classes:

- Up to and including 5'2"
- Over 5'2" and up to and including 5'4"
- Over 5'4" and up to and including 5'6"
- Over 5'6"

Once numbers of athlete registration warrants the following categories will be provided:

- Up to and including 5'1"
- Over 5'1" and up to and including 5'2-1/2"
- Over 5'2-1/2" and up to and including 5'4"
- Over 5'4" and up to and including 5'5-1/2"
- Over 5'5-1/2" and up to and including 5'7"
- Over 5'7"

CHECK-INS

BIKINI Division competitors will be checked in and measured the same as Fitness and Figure competitors

COMPETITION JUDGING

Presentation:

- Competitors will walk onstage alone and perform their Model Walk (personal preference)
- The Model Walk consists of the following:

Walk to the center of the stage, stop and do a front stance – hand(s) on hip front pose - then a full turn and do a back stance – hand(s) on hip back pose - then turn to the front again – hands on hip - and face the judges as directed then proceed to the side of the stage, standing on angle to back of stage. No lewd acts are permitted. Length of time allowed is 10 seconds.

Comparison Round, Two-Piece Swimsuit:

- Competitors will be judged wearing a two-piece swimsuit and heels.
- The competitors will be brought back out in a group and directed to do a full front and back stance.
- Judges will have the opportunity to compare competitors against each other in half turns. (No side judging permitted, front and back only.)

Scoring: Judges will be scoring competitors using the following criteria:

- Balance and Shape
- Overall physical appearance including complexion, skin tone, poise and overall presentation.

FINALS

Presentation:

- Competitors will walk to the center of the stage alone and perform their Model Walk (personal preference), face the judges as directed then proceed to the side of the stage, standing on angle to back of stage.
- First group of athletes, from lowest number to highest called out in numerical order, and directed to do a full front and back stance, then leave stage, continue until all athletes compared and leave stage.
- Top finalists, 5 or less return to stage performing their Model Walk, personal routines, then moved to side of stage, stage marshal directed.
- Top finalists, 5 or less who are recalled onto stage, line up in a single line, directed to do a full front and back stance, then moved to back of stage, stage marshal directed.
- Presenter called forward for last place, usually 5th, place trophy on ground on spot located, then MC calls 5th place athlete, continue until all finalists come forward to pick up trophy.
- If sponsor for class called forward, stands between 1st and 2nd, etc. for pictures.
- Class finished, leave stage.

Only scoring during finals is for overall title, finalists called to centre stage and comparison takes place.

NATIONAL AND INTERNATIONAL LEVEL BIKINI CONTESTS:

CBBF BIKINI, FIGURE AND FITNESS CHAMPIONSHIPS
CBBF NATURAL PHYSIQUE CHAMPIONSHIPS
IFBB ARNOLD AMATEUR CLASSIC
IFBB NORTH AMERICAN CHAMPIONSHIPS
IFBB AMATEUR WOMEN'S WORLD CHAMPIONSHIPS

IFBB AMATEUR JUNIOR AND MASTER WORLD CHAMPIONSHIPS

Who Qualifies for Bikini National Level Competitions:

Competitors that place in the top five (5) in each class at national qualifying contests.

Note: For 2011 a place in the top five (5) of any bikini contest will qualify you for national level bikini contests.

ENTRY INFORMATION: the following must be provided with your entry:

- CBBF Bikini Contest You Entered
- Date Of Contest
- Your Height Class & Final Placing

ONE YEAR QUALIFICATION FOR:

Top 5 places in each class at National level contests listed above.

QUALIFYING FOR IFBB PROFESSIONAL STATUS:

- **ARNOLD AMATEUR CLASSIC**
- **CBBF BIKINI, FIGURE AND FITNESS CHAMPIONSHIPS**
- **CBBF NATURAL PHYSIQUE CHAMPIONSHIPS**
- **IFBB NORTH AMERICAN CHAMPIONSHIPS**
- **IFBB AMATEUR WOMEN'S WORLD CHAMPIONSHIPS**
- **IFBB AMATEUR JUNIOR AND MASTER WORLD CHAMPIONSHIPS**